

Dermalux™ LED Phototherapy

Frequently Asked Questions

Is Dermalux™ LED Phototherapy the best treatment for my skin?

Everyone can benefit from LED Phototherapy. It reverses the signs of ageing, clears acne and blemishes and accelerates healing. It helps damaged, injured or diseased skin cells return to optimum health.

What skin conditions can be treated with LED Phototherapy?

LED Phototherapy is clinically proven for the treatment of a wide range of skin conditions and the most common skin concerns including lines and wrinkles, pigmentation, sun damage, dehydration, open pores, acne and blemishes, rosacea, eczema and psoriasis.

Are there any side effects?

No. There is no risk of irritation, side effects or down time that may be associated with more invasive procedures. There have been no reported side effects in over 1,700 clinical studies and it does not harm the body in any way.

Is LED Phototherapy safe?

LED Phototherapy is a heat free treatment that does not contain harmful UV wavelengths and therefore cannot damage skin tissue or create photosensitivity. It is clinically proven to be safe for all skin types, including darker skins and the most sensitive skin conditions.

What does LED Phototherapy feel like?

LED Phototherapy is a non-invasive and pain free treatment that promotes a feeling of relaxation and wellbeing whilst rejuvenating the skin. Exposure to the light can increase serotonin levels which in turn help to relieve stress, tension and headaches. Any feeling of 'heat' is most often due to the stimulation of blood circulation.

I am taking medication from the doctor - can I still have LED Phototherapy?

There are certain circumstances in which phototherapy may prove to be unsuitable. Certain medications may cause photosensitivity and specific conditions may be triggered by light. For your safety and comfort, it is imperative that any medication, illness, condition or other treatment that you may be undergoing are fully disclosed during your consultation.

Will LED Phototherapy give me a tan?

No. LED Phototherapy does not contain the harmful UV rays that stimulate the melanin in the skin to produce a 'sun tan' effect. However, LED's stimulate hydration and blood circulation and will instantly give your skin a healthy and radiant glow.

Can I go in the sun after LED Phototherapy?

Yes. As LED therapy does not create photosensitivity, it is a safe treatment directly pre and post sun exposure. In fact, it is particularly beneficial at this time to strengthen and replenish the skin and repair damage caused by UV exposure

Does LED light therapy produce Vitamin D?

No. Vitamin D production is triggered by exposure to UV light which converts cholesterol found naturally in the body to vitamin D3.

Does LED light therapy work equally on all skin types?

The treatment times have been calculated to ensure optimum results. Darker skins may require longer exposure times to have the same level of effectiveness.

Can makeup be reapplied directly after the treatment?

Yes. The treatment should be followed by the application of suitable skin care products including a sunscreen. Makeup can then be applied.

How many treatments will I need?

The number of treatments can vary with age, skin type and condition. With LED Phototherapy the results are cumulative and improvement will continue even after the treatment has stopped. Treatments taken in quick succession will achieve optimum results and maintenance treatments may also be recommended. Furthermore, as phototherapy does not harm the skin, there is no limit to the amount of treatment you can have. An individual treatment plan will be discussed during your consultation.

How long will the results last?

Results can last for several months following a course of LED Phototherapy treatments. However, as with any skin treatment, maintenance sessions are advised to ensure lasting results.

How soon can I expect to see results?

With LED Phototherapy the visible effects are immediate. After just one treatment skin is incredibly hydrated, plump and radiant and any redness and irritation is calmed.